

# Baby Massage

A five week course

**Fridays**  
**9:30-11:00am**

**at Narthex**

*Develop your relationship  
with your baby  
through massage*



*Learn special techniques to  
communicate and bond with  
your baby*



Suitable for babies  
under 12 months.  
Please note that no crèche  
is available for older children.  
*Contact Sapna for more info  
on 0121 777 2722*

Birmingham  
**forward  
steps**

The best start for our children

