

# KIDS Family Group



Specialist support group for families of children with additional needs 0-5 years that have a disability, developmental delay or SEN.

Meet other families, make friends, share experiences and have fun!

The groups will offer parents/carers advice, information and workshops on:

- ♦ Sensory play
- ♦ Autism awareness
- ♦ Positive wellbeing for parents/carers
- ♦ Healthy eating
- ♦ Sleep workshops
- ♦ Financial entitlement, eg: DLA
- ♦ Support with the EHC process
- ♦ Promoting positive behaviour



Time and place of group:



Weekly from: Thursday 20<sup>th</sup> September.

Time: 9.30-11.30



The Springfield Centre  
Springfield Road  
Moseley  
Birmingham  
B13 9NY



St. Paul's Community  
Development Trust



The Springfield Project

For further information and to book a place. Please contact: 0121 362 4580 or [familygroup@kids.org.uk](mailto:familygroup@kids.org.uk)

**Booking is essential to secure a place.**

Keep up to date with us:



[www.kids.org.uk](http://www.kids.org.uk)

0121 355 2707



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Giving  
disabled children  
a brighter future