

Parents.....

Does this sound like your child?

- * Temper tantrums
- * Doesn't listen or do what is asked
- * Over active – cannot sit still for long
- * Nervous/clingy in new situations



Incredible Years parenting groups can offer helpful tips on how to deal with your child's difficult behaviour and increase their self esteem.

Groups run at **Springfield Centre**, on Thursdays 12:45-2:45pm

Crèche and light refreshment available.

Limited places available.

Contact the Family Support Team on 777 2722 or ask at Reception.

